

Product Specification Sheet – Curry Flavours Spice Mix

Title Chilli Crab Curry Spice Mix

Level Medium



Overview: -

Chilli crab is a Singaporean seafood dish. Mud crabs are commonly used and are stir-fried in a semi-thick, sweet and savoury tomato and chilli-based sauce. Despite its name, chilli crab is not a very spicy dish. It is listed at number 35 on the World's 50 most delicious foods compiled by CNN Go in 2015.

Chilli crab has been promoted by The Singapore Tourism Board as one of Singapore's National Dishes and can be found in seafood restaurants all over the island. It is traditionally eaten with bare hands to savour the juicy crab meat with its sweet and spicy chilli sauce.

Chilli crab sauce is described as "sensuous" and "sweet, yet savoury", with a "fluffy texture".

Serve on a Bed of Jasmine Rice

Also, pairs with Beef, Vegetables & Lamb

What you'll need	Crabs Capsicums (Sliced)
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Instructions to Prepare

See Quantities as per below table.

1. In a pan, boil the crab and dice up for curry.
2. In a separate pan, add oil,
3. Add the diced crabs and capsicums and panfry very slightly as crabs are already cooked, immediately afterwards add the water and spice mix. Cover the pan to retain the juices
4. Simmer on low heat till sauce thickens up
5. Chilli Crabs are ready to serve

Spice Mix	100grams	1kg
Cooking Oil	100ml	1 Ltr
Water	500ml	5 Ltr's
Diced Crabs	1 Kg	10 Kg
Spice Mix	100 grams	1 kg
Sliced Capsicums	300 grams	3 Kg
Cook Loss	5%	5%
Total Yield	1.8 Kg	18 Kg

Pack	Retail Pack	Food Service Pack
Weight	100 grams	1 kg
Price per pack		
Serves	8 serves	80 serves
Yield	1.75 kg	17.5 kg
Barcode	9348630001303	9348630002300

Hint:- 1. Garnishing with Coriander leaves

2. Add a dollop of Butter while cooking for a better taste

Ingredients: - Dehydrated vegetables (tomato, garlic, green bell peppers, onion), maltodextrin (maize), sugars, spices (fenugreek, ginger, cardamom, cloves, coriander, cumin, turmeric, nutmeg, cinnamon, pimento, cassia, fennel, pepper) Thickener (1422), salt, acidity regulator (330), colour (160c), herb, canola oil, spice extract

Allergens: -

Nutritional Information

	Per 100 grams
Energy	1334kj
Protein	6.8g
Fat, total	2.6g
Fat, saturated	0.5g
Carbohydrates	62.8g
Sugars	16.0g
Dietary Fibre	7.1g
Sodium	3870mg



Food Safety System in place



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Bain- Marie Stable

Held Covered For no More Than 4 Hours



Freeze-Thaw Stable

Thawed under 0-5°C Chilled Conditions



Cook Chill Stable

When Prepared As Per Directions, Chilled



Below 0-5°C, then reheated

Nut free Range



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Storage

For Maximum Freshness, Store In A Cool Dry Place