Product Specification Sheet – Curry Flavours Spice Mix

Title Lamb Dopiaza Curry (Lamb & Double Onions) Spice Mix

Level Medium

Overview: - Dopiaza is an Afghan dish. It is prepared with a large amount of onions, both cooked in the spices and curry and as a garnish. Onions are added at two stages during cooking, hence the name "two onions". According to the legend the dish was created when a courtier of Mughal emperor from Afghanistan Akbar Mullah Do Piaza accidentally added a large quantity of onions to a dish. The dish evolved further in Hyderabad, India, Pakistan, and many other countries around the world and became a staple of Mughal cuisine.

Also, pairs with Beef, Vegetables & Seafood

What you'll need	Diced Lamb
	Diced Onions (Medium 20x20mm diced
	chunks)
	Coriander

Instructions to Prepare

See Quantities as per below table.

- 1. Add Oil,
- 2. Add the diced lamb with half the onions and panfry to partially cook off. Cover the pan to retain the juices
- 3. Add the spice mix and water, stir well
- 4. Simmer on low heat till sauce thickens up
- 5. Add the remaining diced onions and coriander. Stir in and take off heat within moments
- 6. Lamb Dopiaza is ready to serve

Spice Mix	100grams	1kg
Cooking Oil	100ml	1 Ltr
Water	500ml	5 Ltr's
Diced Lamb	1 Kg	10 Kg
Spice Mix	100 grams	1 kg
Diced Onions (Medium 20x20mm diced chunks)	200 grams	2 Kg
Chopped Coriander	20 grams (Approx.)	200 grams (Approx.)
Cook Loss	5%	5%
Total Yield	1.7 Kg	17 Kg

Pack	Retail Pack	Food Service Pack
Weight	100 grams	1 kg
Price per pack		
Serves	8 serves	80 serves
Yield	1.75 kg	17.5 kg
Barcode	9348630001136	9348630002133

Hint:- 1. Garnishing with Coriander leaves and Ginger juliennes

2. Add a dollop of Butter while cooking for a better taste

Ingredients: - Dehydrated vegetables (tomato, garlic, onion), maltodextrin (maize), sugars, spices (fenugreek, ginger, cardamom, cloves, coriander, cumin, turmeric, nutmeg, cinnamon, pimento, cassia, fennel, pepper)
Thickener (1422), salt, acidity regulator (330), colour (160c), canola oil, spice extract, colours (150a, 160c)

Allergens: -

Nutritional Information

	Per 100 grams
Energy	1332kj
Protein	5.3g
Fat, total	2.5g
Fat, saturated	0.4g
Carbohydrates	64.3g
Sugars	9.9g
Dietary Fibre	6.9g
Sodium	2532mg



Food Safety System in place



Bain- Marie Stable

Held Covered For no More Than 4 Hours

ANGENERACI MINIS

Freeze-Thaw Stable

Thawed under 0-5°c Chilled Conditions

Cook Chill Stable

When Prepared As Per Directions, Chilled

Below 0-5°c, then reheated



Nut free Range



Our Details

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Storage For Maximum Freshness, Store In A Cool Dry Place